

Match the words. Then, use the phrases to complete the sentences.

1	energy	a	paper
2	vegetable	b	packaging
3	excessive	c	peelings
4	packed	d	heap
5	writing	e	lunch
6	compost	f	consumption

- 1 Make sure you've used both sides of the before you recycle it.
- 2 It is essential that we try to cut down on in order to save the planet.
- 3 A usually consists of a sandwich, a piece of fruit and a drink.
- 4 It's a pity that most people don't seem to realise that can be used to make compost.
- 5 My grandfather never needs to buy fertiliser for his garden as he has a large
- 6 Don't buy anything that comes in

Vocabulary *Environmental protection*

What should we do to protect the environment?
Use the ideas listed to make sentences.



► We should reduce the amount of water we use.

Reading

2 a Look at the title and headings in the text on p. 65. What do you think the writer's purpose was in writing the text? What do you expect to learn from it? Read and check.

b    Choose the correct word (A, B, C or D) to fill in the gaps (1-8). Compare with a partner. Listen and check.

- | | | | | |
|---|-----------|----------|-----------|----------|
| 1 | A Put | B Do | C Make | D Have |
| 2 | A take | B give | C put | D do |
| 3 | A enough | B such | C so | D much |
| 4 | A even | B still | C already | D just |
| 5 | A deny | B reject | C avoid | D refuse |
| 6 | A several | B few | C some | D any |
| 7 | A also | B before | C when | D until |
| 8 | A less | B most | C more | D least |

Use Less Stuff!

ELIMINATE WASTE & PROTECT THE ENVIRONMENT

BI-MONTHLY NEWSLETTER January – February

*Simply speaking, waste is anything thrown away or released into the environment. Unfortunately, a lot of waste can end up harming the environment. You can help protect the environment by learning about and practising the 3 Rs: REDUCE, RECYCLE and REUSE! We've **come up** with some practical ways of doing this ...*

CHOOSE TO REUSE

It's not waste until you waste it! Think carefully about how you can reuse something before you **throw** it away. 1) a compost heap in the garden with fruit and vegetable material - it will **decompose** and make good fertiliser for your plants. Also, if things break, try to repair them before you **replace** them. Remember that one man's rubbish is another man's treasure! If you buy a replacement for something you already have, 2) the old item to someone who can use it. Have your jeans got holes in the knees? Make new shorts out of them or give them to someone who needs them. Don't throw away empty jars and bottles; **rinse** them out and use them to store other things.

TURN IT DOWN OR SWITCH IT OFF

Always **switch off** the lights when you leave an empty room, and use light bulbs that save **energy**. You can also switch off the cooker a few minutes earlier - there will still be 3) heat to finish cooking the food. Why not take showers in cooler water and for shorter lengths of time? Finally, **turn down** the heating and **put on** warmer clothes if you're cold.

BE A LEAN, GREEN SHOPPING MACHINE

Only buy what you really need and use all of it. Thinking about buying something new? Try the 30-day rule - only buy it if you 4) want it 30 days after you first saw it.

At the supermarket, 5) buying things you do not need by writing a shopping list before you go and making sure you keep to it. Of course, you should also take your own bags to put the shopping in.



PUT PACKAGING ON A DIET

First things first; buy things with simple packaging that can easily be recycled. Better still, choose products with no packaging at all! Secondly, if you are preparing a packed lunch to eat at school, take a sandwich in a reusable lunchbox, juice in a reusable bottle and a banana, rather than a sandwich in a plastic bag, or a carton of juice and biscuits which are each **wrapped** in silver paper and even more plastic. And finally ... think BIG! One large box of cereal, for example, uses less packaging than 6) smaller ones and is usually a lot cheaper too!

SAVE ON PAPER

Try to **cut down on** the amount of paper you use. Use a computer and proofread your writing on the screen 7) you print it out. Use both sides of the paper and then recycle it. Remember that telephone calls and email messages don't **create** paper waste.

GET OTHERS INVOLVED

Last but not 8), **encourage** your friends to cut down on waste too! **Swap** magazines, books and clothes, send them a copy of this newsletter (on recycled paper, of course!) or start a 'Use Less Stuff!' **campaign** at your school!

Задание 3. Задание из учебника Spotlight, 10 класс, книга для учащегося. Стр. 64-65

Complete the sentences with words in bold from the text.

- 1 There wasn't enough water left for her to the shampoo out of her hair.
- 2 Our teachers us to use recycled paper.
- 3 Traffic jams both air and noise pollution.
- 4 He her birthday present in recycled paper.
- 5 I feel very tired; I don't think I have the to play football this evening.
- 6 People in our neighbourhood have started a paper recycling
- 7 My brother likes to comics with his friends.
- 8 When substances, they break down into different chemicals.
- 9 She was a wonderful teacher. It will be difficult to her.
- 10 They opened the cage and the animals.

Задание 4. Задание из учебника Spotlight, 10 класс, книга для учащегося. Стр. 64-65

Match the highlighted phrasal verbs with their meanings: *put in the bin, wear, think of, lower, stop sth working, reduce*. Make sentences using them.

Задание 5. Задание из учебника Spotlight, 10 класс, книга для учащегося. Стр. 64-65

Speaking



Read again and make notes under the headings *reduce*, *recycle*, *reuse*. Which of these things do you do in your daily life? Discuss.

A: I always switch off the lights when I leave a room so as to reduce energy consumption.

B: Me too. I also ...

Домашнее задание. Задание из учебника Spotlight, 10 класс, книга для учащегося. Стр. 64-65

Writing (a quiz)

Portfolio: Design a simple quiz to find out how good someone is at reducing, recycling and reusing things. Use ideas from the text as well as your own ideas. Give your quiz to your partner to complete. Report your findings to the class.

- 1 *You are packing your lunch for school. What do you pack?*
 - a *A sandwich and a banana in a reusable container.*
 - b *A sandwich in a plastic bag & a packet of crisps.*